Trainingsplan, gültig ab 01. Oktober 2021, entsprechend aktuellem Hygienekonzept

Abkürzung Räume: GS Großer Saal; KS Kleiner Saal; BR Ballettraum; KR Kommunikationsraum

MO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS							Libella					Lüften				TP Latein					Lüften								
KS											DanceArt			Lüften								TP Sen Latein						Lüften	
BR									KT Latein					Lüften			Projekt				Lüften								
KR																													
DI	10:00	.....	11:30		16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS										Tarantella							Lüften												
KS		Solo D.	Lüften		Tanzmäuse klein		Lüften		Dancing Kids			Lüften		Tanztreff			Lüften		Dancing Diamonds			Lüften							
BR															Fitness				Lüften										
KR																													
MI	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS						KT midi		Lüften	Libella			Lüften			Freies Training			Lüften	Breitensport			Lüften							
KS					Footprints			Lüften							Solo Dancing			Lüften	Freies Training									Lüften	
BR																													
KR																													
DO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS									Tarantella					Lüften		TP Standard					Lüften		Breitensport						Lüften
KS									KT Standard					Lüften	Solo Dancing			Lüften	Solo Dancing			Lüften							
BR											Vermietung			Lüften															
KR																													
FR	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS															TP Sen bis C Standard				Lüften	Breitensport Formation								Lüften	
KS				Oceans				Lüften	DanceArt			Lüften				TP Discofox			Lüften			Lüften							
BR																													
KR																													
SA	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15				18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS																													
KS		Fitkids		Lüften	Tanzmäuse		Lüften																						
BR																													
KR																													
SO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS									Breitensport			Lüften		Breitensport Discofox						Lüften									
KS															Projekt						Lüften								
BR																													
KR																													