Vorläufiger Trainingsplan, gültig ab 17. Juni 2021, entsprechend aktuellem Hygienekonzept

Abkürzung Räume: GS Großer Saal; KS Kleiner Saal; BR Ballettraum; KR Kommunikationsraum

MO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS							Libella					Lüften				TP Latein					Lüften								
KS					KT mini 1			Lüften	KT mini 2			Lüften	DanceArt					Lüften			TP Sen Latein					Lüften			
BR									KT Latein					Lüften															
KR																													

DI	10:00	10:15	10:30	11:00	11:15	11:30			17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS											Tarantella					Lüften													
KS		Solo Dancing				Lüften					Dancing Kids			Lüften	Tanztreff				Lüften	Dancing Diamonds						Lüften			
BR																Fitness				Lüften									
KR																													

MI	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS						KT midi			Lüften	Libella					Lüften	Freies Training				Lüften	Breitensport					Lüften			
KS									Footprints					Lüften	Solo Dancing					Lüften	Freies Training							Lüften	
BR																													
KR																													

DO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS										Tarantella				Lüften		TP Standard					Lüften		Breitensport					Lüften	
KS										KT Standard				Lüften	Solo Dancing				Lüften	Solo Dancing					Lüften				
BR											Vermietung			Lüften															
KR																													

FR	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS								Footprints					Lüften			TP Sen bis C Standard				Lüften	Breitensport Formation					Lüften			
KS				Oceans				Lüften	DanceArt					Lüften			TP Discofox				Lüften				Lüften				
BR																													
KR																													

SA	09:00	09:30	10:00	10:30	11:00	11:30	12:00						18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS		Fitkids		Sonderplan		Lüften																							
KS		Tanzmäuse		Sonderplan		Lüften																							
BR																													
KR																													

SO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS									Breitensport					Lüften	Breitensport Discofox					Lüften									
KS																													
BR																													
KR																													