Trainingsplan, gültig ab 15. April 2023

Abkürzung Räume: GS Großer Saal; KS Kleiner Saal; BR Ballettraum; KR Kommunikationsraum; BL Bad Lauchstädt

MO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS								Libella		Breitensport						TP Latein													
KS													DanceArt								TP Sen Latein								
BR						Libella																							
KR																													

DI	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS																	Dancing Diamonds												
KS		Tanzmäuse klein			Tanzmäuse groß				Dancing Kids					Tanztreff															
BR	10:00	KS	11:30												Fitness														
KR		Solo D.																											
BL																	Breitensport												

MI	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS								Libella							Footprints						Breitensport								
KS										KT Sunshine					Solo Dancing														
BR											KT Latein																		
KR																													

DO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS										KT Standard						TP Standard							Breitensport						
KS															Solo Dancing							Projekt							
BR								KT Latein				Vermietung			Latin Style														
KR												Solo Dancing																	

FR	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS														TP bis C Standard							Breitensport Formation								
KS									DanceArt							TP Discofox													
BR																													
KR																													

SA	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS																													
KS																													
BR	11:00	KS	12:30																										
KR		Projekt DF																											

SO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS															Breitensport Discofox														
KS		Projekt							Projekt						Breitensport neu														
BR																													
KR																													